

# Emotion



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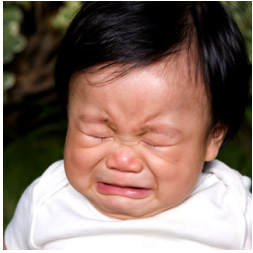
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## Questions + Themes

What are emotions? What are they **for**?

How do emotions guide judgment and action?

(How) do we know our emotions?

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**Love**  
**Excitement**  
**Peace**

**Fear**  
**Sadness**  
**Anger**



$2 + 2 = 4$   
Maryland  
↓  
Annapolis



**Indicators**

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|                   |                |
|-------------------|----------------|
| <b>Love</b>       | <b>Fear</b>    |
| <b>Excitement</b> | <b>Sadness</b> |
| <b>Peace</b>      | <b>Anger</b>   |



$2 + 2 = 4$

Maryland  
↓  
Annapolis



**Indicators**

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|                   |                |
|-------------------|----------------|
| <b>Love</b>       | <b>Fear</b>    |
| <b>Excitement</b> | <b>Sadness</b> |
| <b>Peace</b>      | <b>Anger</b>   |



$2 + 2 = 4$

Maryland  
↓  
Annapolis



**Indicators**

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## Multidimensional Scaling

Distances       $\longrightarrow$       Map

|  |           |               |               |         |
|--|-----------|---------------|---------------|---------|
|  | Baltimore | New York City | San Francisco | Seattle |
|--|-----------|---------------|---------------|---------|

|                         |        |   |
|-------------------------|--------|---|
| Baltimore - NYC         | 170mi  |  |
| Baltimore - Seattle     | 2328mi |   |
| Baltimore - San Fran.   | 2451mi |   |
| NYC - Seattle           | 2401mi |   |
| NYC - San Fran.         | 2565mi |   |
| San Francisco - Seattle | 680mi  |   |

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# Multidimensional Scaling

Distances → Map

|                        |        |         |       |
|------------------------|--------|---------|-------|
| Excitement             | Peace  | Sadness | Anger |
| Excitement - Peace     | Medium |         |       |
| Excitement - Sadness   | Far    |         |       |
| Excitement - Anger     | Medium |         |       |
| Peace - Sadness        | Medium |         |       |
| Peace - Anger          | Far    |         |       |
| Sadness - Anger        | Medium |         |       |
| Happiness - Excitement | Close  |         |       |
| Happiness - Sadness    | Far    |         |       |

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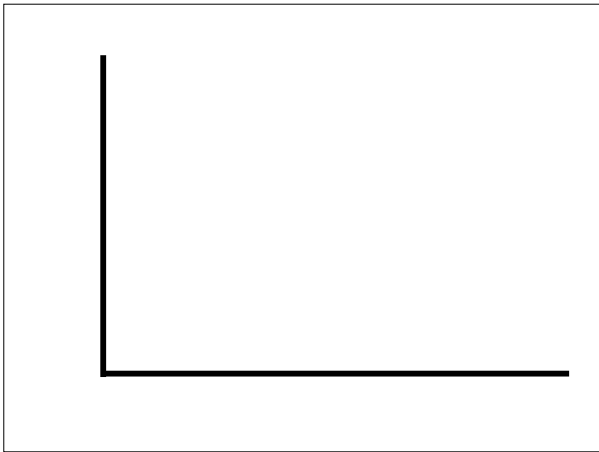
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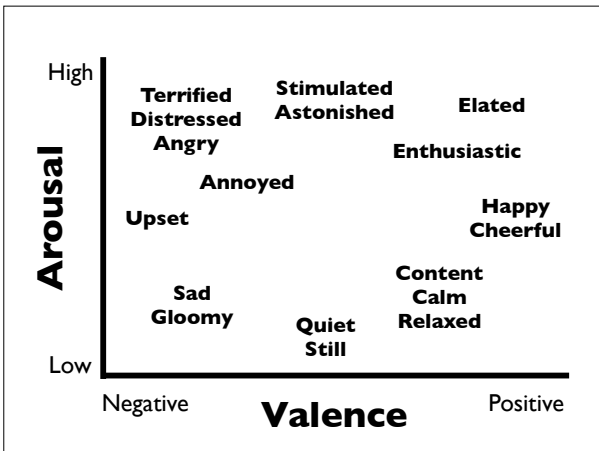
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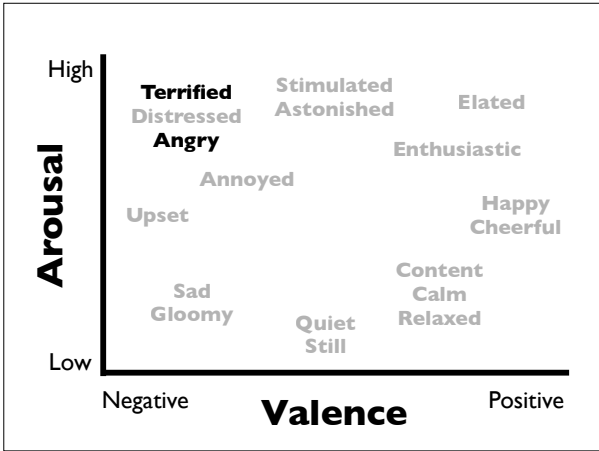
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# Approach vs Avoid

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## Automaticity



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## Automaticity



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# Automaticity



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# Universality

Universal feelings  
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Universal faces?

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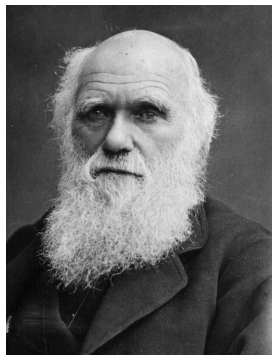
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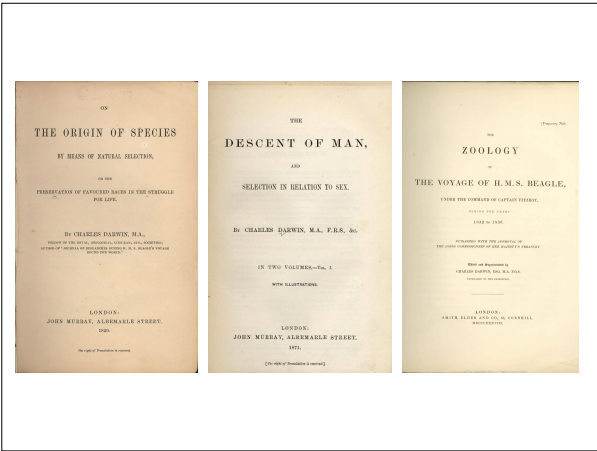
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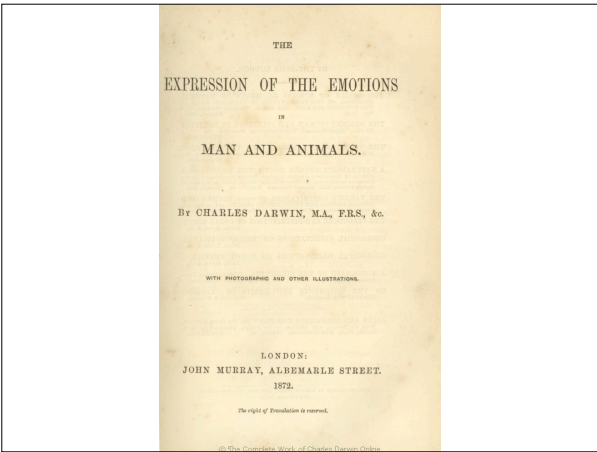
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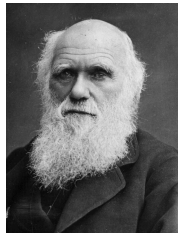
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## Universality

“The young and the old of widely different races, both with man and animals, express the same state of mind by the same movements.”

(Darwin, 1872)



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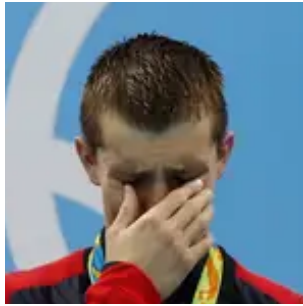
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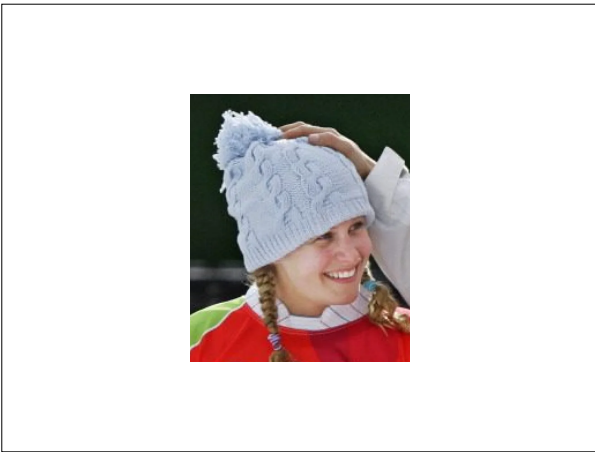
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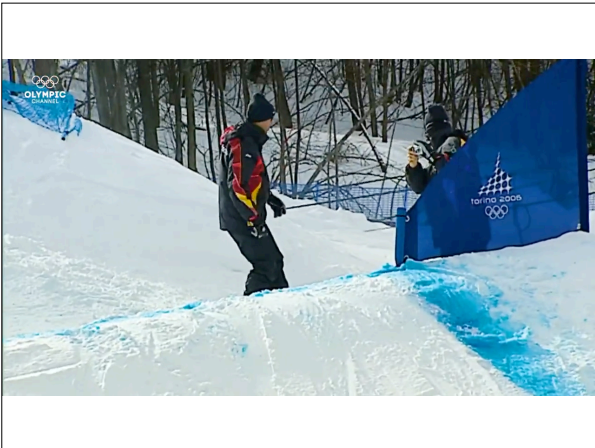
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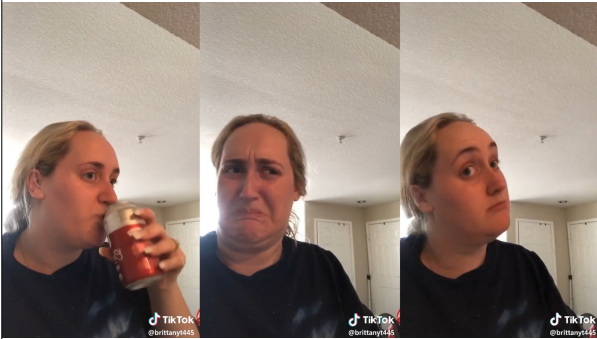
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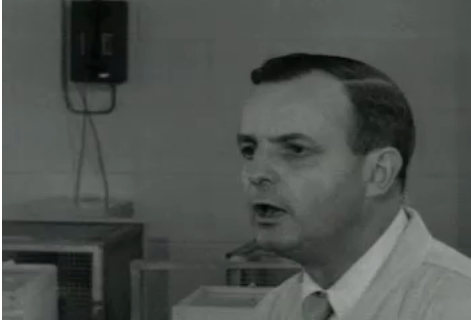
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## The Four *F*s

Fighting

Fleeing

Feeding

Mating

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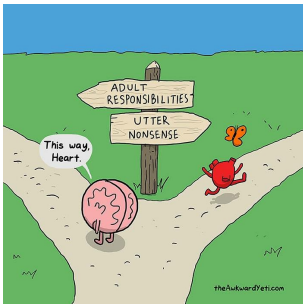
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## Does it work?



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## Emotions and Rationality

If we were less emotional, would our decision-making be better, or worse?

A. Better

B. Worse

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Does it work?



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No Emotions?

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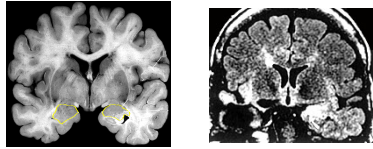
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**Patient SP:** Bilateral **amygdala** damage

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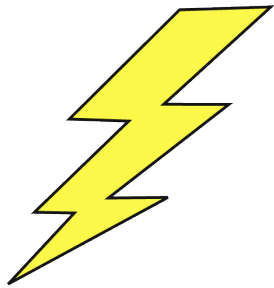
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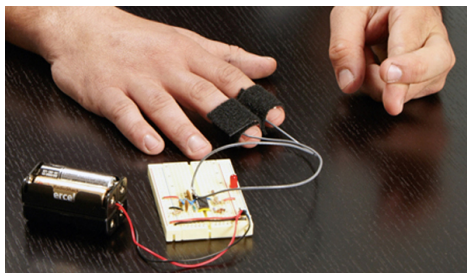
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### **Galvanic Skin Response**

(roughly, how much do you sweat)

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### Impaired recognition of emotion in facial expressions following bilateral damage to the human amygdala

R. Adolphs\*, D. Tranel\*, H. Damasio†  
& A. Damasio\*†

\* Department of Neurology, Division of Cognitive Neuroscience,  
University of Iowa College of Medicine, Iowa City, Iowa 52242, USA  
† The Salk Institute for Biological Studies, La Jolla,  
California 92186, USA

STUDIES in animals have shown that the amygdala receives highly processed visual input<sup>1,2</sup>, contains neurons that respond selectively to faces<sup>3</sup>, and that it participates in emotion<sup>4,5</sup> and social behaviour<sup>6</sup>. Although studies in epileptic patients support its role in emotion<sup>7</sup>, determination of the amygdala's function in humans has been hampered by the rarity of patients with selective amygdala lesions<sup>8</sup>. Here, with the help of one such rare patient, we report findings that suggest the human amygdala may be indispensable to: (1) recognize fear in facial expressions; (2) recognize multiple emotions in a single facial expression; but (3) is not required to recognize personal identity from faces. These results suggest that damage restricted to the amygdala causes very specific recognition impairments, and thus constrains the broad notion that the amygdala is involved in emotion.

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www.nature.com/scientificreports

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## Iowa Gambling Task



+80

+85

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## Iowa Gambling Task



**Most People**  
Learn which deck is bad, **avoid** it

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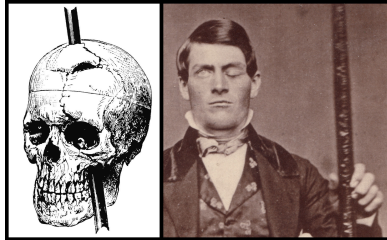
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## Iowa Gambling Task



**Frontal Patients**  
Learn which deck is bad, **fail to avoid** it

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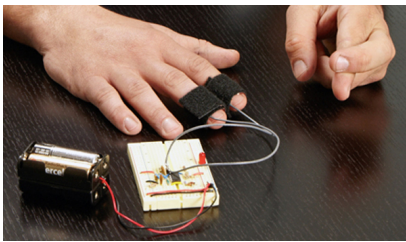
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## Iowa Gambling Task



It doesn't make them sweat!

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## “Somatic Marker Hypothesis”

“Personal and social matters are frequently linked to punishment and reward and thus to pain, pleasure, and the regulation of homeostatic states, including ... emotion and feeling. [Emotions have] the advantage of **constraining the decision-making space.**”

(Damasio, 1996)



António Damásio

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## Capgras' Delusion



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## Theories of Emotion

James-Lange Theory

Cannon-Bard Theory

Two-Factor Theory

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## Theories of Emotion

Interpretation of Events



Physiological States

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## Theories of Emotion

Interpretation of Events



Physiological States

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## Misattribution of Arousal

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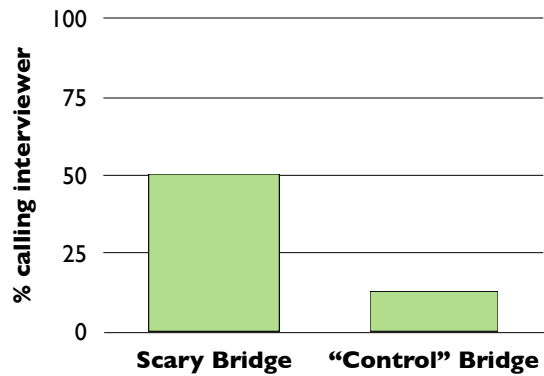
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### SOME EVIDENCE FOR HEIGHTENED SEXUAL ATTRACTION UNDER CONDITIONS OF HIGH ANXIETY<sup>1</sup>

DONALD G. DUTTON<sup>2</sup> AND ARTHUR P. ARON  
*University of British Columbia, Vancouver, Canada*

Male passersby were contacted either on a fear-arousing suspension bridge or a non-fear-arousing bridge by an attractive female interviewer who asked them to fill out questionnaires containing Thematic Apperception Test pictures. Sexual content of stories written by subjects on the fear-arousing bridge and tendency of these subjects to attempt postexperimental contact with the interviewer were both significantly greater. No significant differences between bridges were obtained on either measure for subjects contacted by a male interviewer. A third study manipulated anticipated shock to male subjects and an attractive female confederate independently. Anticipation of own shock but not anticipation of shock to confederate increased sexual imagery scores on the Thematic Apperception Test and attraction to the confederate. Some theoretical implications of these findings are discussed.

Psychological implications of these findings are discussed.  
on the Thematic Apperception Test and attraction to the confederate.  
for subjects contacted by a male interviewer.  
No significant differences between bridges were obtained on either measure for subjects contacted by a male interviewer.



## Interpretation of Events



## Physiological States

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*Journal of Abnormal and Social Psychology*  
1962, Vol. 65, No. 2, 171-178

### EPINEPHRINE, CHLORPROMAZINE, AND AMUSEMENT<sup>1</sup>

STANLEY SCHACHTER  
*Columbia University*

AND

LADD WHEELER  
*University of Minnesota*

In their study of cognitive and physiological determinants of emotional states, Schachter and Singer (1962) have demonstrated that cognitive processes play a major role in the development of emotional states. Given a common state of physiological arousal, subjects can be readily induced into states of euphoria or of anger by means of cognitive manipulations. To what extent the state of physiological arousal is a necessary component of an emotional experience is not, however, completely clear in that study.

account for this failure to find larger differences between epinephrine and placebo subjects seems reasonably apparent. The experimental situations employed were fairly effective. The injection of placebo does not, of course, prevent the subject from self-arousal of the sympathetic system, and indeed there is considerable evidence (Woodworth & Schlosberg, 1958) that the arousal of an emotional state is accompanied by general excitation of the sympathetic nervous system.

component of an emotional experience is not, however, completely clear in that study.

Research excitation of the sympathetic nervous system of an emotional state is accompanied by general excitation of the sympathetic nervous system.

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# Emotion



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